# READING WEEK: CHECKLIST

How many can you answer YES to?

## 1 I read something in English every day

Find the best time of day for you to read when you're not too tired. Daily reading, even for 30 mins., develops fluency

## 2 I try to read where I'm comfortable and won't be interrupted

To maintain concentration, you need to be seated comfortably and with minimal distractions around you

## 3 I make predictions about what I'm going to read before I start reading

Use the title, headings, pictures and captions to ask yourself questions about what you are going to read. Check these predictions as you read.

## 4 I think about my purpose of reading before I start reading

Are you reading this for enjoyment or to learn something or to get a general idea about a topic?

## 5 I try not to translate words from English to my first language

Translation slows down your reading. First, try to guess the meaning. Use other words in the same sentence to help you

## 6 I read in phrases rather than word by word

Reading in phrases will help develop fluency as well as improving comprehension of the writer's meaning

OET®
OCCUPATIONAL ENGLISH TEST

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**7** **I try to picture in my mind what I'm reading**

What comes to mind when you are reading? Some readers find it useful to visualise the ideas being written about

**8** **I read silently, without moving my lips**

If you move your lips as you read, you are slowing the speed you can read to how fast you can say the words

**9** **I try to understand the meaning of the passage, and try not to worry about understanding every word**

It's not always necessary to understand every word. Circle unfamiliar words and come back to them after you've finished reading

**10** **I usually enjoy reading in English**

The more you read in English, the easier it will become and you should see a change in your attitude to enjoying reading

Your score

7-10 You have some great reading habits. Keep going to achieve all 10!

4-6 This is a good start. Can you work on adding a couple more YESes this week?

0-3 You have some work to do. Choose a couple of ideas to get started with straight away!