

WRITING: QUESTION BOOKLET

CANDIDATE NAME: _____

D.O.B.:

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PROFESSION: _____

VENUE: _____

TEST DATE: _____

Starting at the left, print your Candidate Number and fill in the corresponding circle below each number using a 2B pencil.

Example:

2	5
0	0
1	1
●	2
3	3
4	4
5	●
6	6
7	7
8	8
9	9

CANDIDATE NUMBER									
0	0	0	0	0	0	0	0	0	0
1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9

CANDIDATE DECLARATION

By signing this, you agree not to disclose or use in any way (other than to take the test) or assist any other person to disclose or use any OET test or sub-test content. If you cheat or assist in any cheating, use any unfair practice, break any of the rules or regulations, or ignore any advice or information, you may be disqualified and your results may not be issued at the sole discretion of CBLA. CBLA also reserves its right to take further disciplinary action against you and to pursue any other remedies permitted by law. If a candidate is suspected of and investigated for malpractice, their personal details and details of the investigation may be passed to a third party where required.

CANDIDATE SIGNATURE: _____

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: PHYSIOTHERAPY

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is **15 May 2021**. You are a physiotherapist in Stillwater Physiotherapy Clinic. Mrs Abrams is a regular patient at your clinic.

PATIENT DETAILS:

Name: Mrs Doris Abrams
Address: 840 Oceanview St, Stillwater
DOB: 03 Apr 1986 (35 y.o.)

Social background: Married – husband James Abrams
Sport – plays netball once/week
Hiking once or twice/year
Magazine editor (full-time)

Family history: Rheumatoid arthritis (RA) – maternal uncle & grandfather

Medical history: 2019 Shoulder dislocation
03 Jan 2021 Wrist sprain (right)

Weight: 55kg
Height: 165cm
BMI: 20.2 (healthy)

Current medication: None

Treatment record:

03 Jan 2021

Presenting complaints:

Pain in R wrist. Suspects injured during netball game 2 days ago
Dull pain, mostly at night, difficulty sleeping

Physical assessment:

Swelling R wrist
Some pain on flexion

Diagnosis: R wrist sprain

Treatment: Rest, ice, exercises, Tubigrip (elastic compression bandage)
Review in 1 week

10 Jan 2021

Progress: ↓swelling

Recommended treatment:

- Resistance exercises with bands (gradual start to regain strength)
- Return to training – in 1 week if comfortable
- Pt to contact practice if injury not settling as expected

15 May 2021

Presenting complaints:

Dull aching pain – in fingers, occasionally feet, not related to activity, varies in presentation
Sleep – disturbed by aching in hand/feet joints at night
Morning stiffness – lasts at least 1hr
Fatigue (unusual for her)
Pt reports ↓appetite & weight loss (↓2kg)

Examination: Hands & feet – joints warm & red-looking
Pain on resisted grip testing of hands
Gait in bare feet – compromised by discomfort

Possible diagnosis:

Rheumatoid arthritis (RA)

Discussion: Pt reports previous concern re possible RA risk (family history)
Pt agrees to see usual GP (Dr Rahimian) – will return to physio for further education & management if diagnosed with RA

Treatment: GP review for further investigation – blood tests & X-rays as necessary

Writing Task:

Using the information in the case notes, write a letter to Dr Rahimian informing her of your suspected diagnosis and requesting further investigation. Address the letter to Dr Sara Rahimian, Stillwater Private Practice, 124 Main Street, Stillwater.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

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Occupational English Test

WRITING SUB-TEST: PHYSIOTHERAPY

SAMPLE RESPONSE: LETTER

Dr Sara Rahimian
Stillwater Private Practice
124 Main Street
Stillwater

15 May 2021

Dear Dr Rahimian

Re: Mrs Doris Abrams
DOB: 03 Apr 1986 (35 y.o.)

I am writing to request a review for your patient, Mrs Abrams, who is a regular physiotherapy patient of mine. I suspect she may have developed rheumatoid arthritis.

As you may be aware, Mrs Abrams' past history includes a right shoulder dislocation in 2019 and a simple right wrist sprain earlier this year. She attributed this to playing netball, which she does once a week.

Currently she is complaining of aching pain in her hands and feet, unrelated to activity. The pain is disturbing her at night and she has morning stiffness that lasts more than one hour in the joints of her hands and feet. She is also experiencing fatigue, loss of appetite and weight loss (2kg).

On examination, her feet and hand joints are warm to touch, with some redness. She is unable to grip with full strength due to the discomfort she is experiencing and, when asked to walk barefoot, her gait is also compromised.

Mrs Abrams is aware of a family history of rheumatoid arthritis and has previously considered the possibility that she might acquire the condition.

Would you please assess Mrs Abrams and organise X-rays and blood tests for RA as necessary. Once a diagnosis is confirmed, she can return to me for education and management.

Yours sincerely

Physiotherapist