ROLEPLAYER CARD NO. 2 — PHYSIOTHERAPY

SETTING: Physiotherapy Outpatient Clinic

PATIENT

You are 75 years old and are recovering after having total knee replacement surgery a week ago. You had some physiotherapy in hospital but this is your first outpatient visit.

TASK

- When asked, say you're feeling okay, but you're just really tired.
- When asked, say you've been doing everything the hospital physiotherapist told you to, even though it's been difficult and painful at times.
- When asked, say you'd like to know how this physiotherapy session is going to be different from the physiotherapy sessions you did at the hospital.
- Say you really want to get back to playing golf, but right now that seems very unlikely and you wonder if you'll ever be able to play again.
- Say you're feeling more reassured now; you're ready to start the assessment.

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OET SAMPLE TEST

CANDIDATE CARD NO. 2 — PHYSIOTHERAPY

SETTING: Physiotherapy Outpatient Clinic

PHYSIO

Your patient is 75 years old and is recovering after having total knee replacement surgery a week ago. He/she had some physiotherapy in hospital but this is the first outpatient visit.

TASK

- Confirm reason for patient's visit (physiotherapy after total knee replacement surgery). Find out how patient is feeling.
- Describe post-surgery recovery (e.g., gradual, fatigue normal, etc.). Explore compliance with post-discharge advice (e.g., stair climbing/descending, regular aided walking, physiotherapy exercises, avoiding falls, etc.).
- Emphasise ways to relieve pain (e.g., ice pack, elevation, anti-inflammatories, etc.). Outline plan for today (e.g., assessment: mobility, range of motion, strength; advancing physiotherapy programme; etc.). Find out any questions/concerns.
- Stress differences between hospital physiotherapy sessions and this session (e.g., exercises more challenging/demanding, etc.). Describe overall aims of physiotherapy sessions (e.g., improvement in knee motion, building muscle strength, increased independence, walking unaided, etc.).
- Reassure patient about prognosis (e.g., resuming normal/low impact activities: 3–6 weeks; improved mobility/quality of life; returning to golf: good goal for physiotherapy; etc.). Establish patient's consent to begin assessment.

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